

We at i spa Health Studio feel it is important to treat the whole body. We hope that you find the practitioners in our facility and the services that they offer a reflection of that belief. Below is a list of the services we currently offer.

Acupuncture - Dr. Debra J. Bebell

Massage Therapy - Adrienne G. Honeywell, LMT, NMT

- Swedish Massage
- Neuromuscular Massage
- Relaxation Massage
- Bamboo Fusion Massage
- Esalen Massage

Weight Loss Program

Our 4-phase, medically supervised weight loss program will help you to safely and quickly reach your goal weight. Complete with one-on-one professional supervision, the Ideal Protein weight loss method has had over 6 million weight loss successes!

Psychotherapy - Sandra Johnson

Sandra is a marriage & family therapist and also holds certifications as a master's level addiction and substance abuse professional. She works with a wide range of issues, including depression, anxiety, eating disorders, self-esteem/empowerment, abuse, grief/loss, relationship concerns, trauma, family discord and stage of life transitions.

Skin Care, Lashes & Laser Therapy

Irina Peters and Dawn Hung offer skin care treatments to rejuvenate, heal and reveal a smoother, more vibrant you. Just a few of their specialties include, chemical peels, microdermabrasion, microneedling, nanoneedling, custom therapeutic facials, dermaplaning, and laser hair removal.