

While there are a few services that should be avoided during pregnancy, there are



many beneficial treatments that can be enjoyed. It is strongly suggested that you receive clearance from your physician prior to receiving any acupuncture, chiropractic, massage or facial service. We will do our best to accommodate any additional needs you may have to allow you to enjoy your experience and remain safe during your treatments. Please let your practitioner know immediately if you are uncomfortable in any way during your visit.