

Acupuncture can help with a long list of both conditions and symptoms as well as provide preventive and ongoing care. Below is a partial list of just some items that acupuncture can help to treat:

Neurological disorders

Disc problems
Facial palsy (early stages within three to six months)
Migraines
Chronic Headaches
Musculoskeletal disorders
Arthritis
Back pain
Carpal tunnel
Fibromyalgia
Frozen shoulder
Knee pain
Localized traumatic injuries, sprains, strains
Tendonitis, Contractures, Muscle pain
Swelling, Stiffness and Weakness
Neck pain
Osteoarthritis
Sciatica
Spasms
Shoulder pain
Sports-related Injuries
Respiratory System disorders
Acute Sinusitis
Acute Bronchitis
Allergies
Asthma
Common Cold and Flu
Cough

Laryngitis
Gastrointestinal disorders
Acute and Chronic Colitis
Bloating
Constipation
Crohn's Disease
Diarrhea
Indigestion
Digestive improvement
Irritable Bowel Syndrome

What can acupuncture treat?

Heartburn
Gynecological disorders
Dysmenorrhea (Painful periods)
PMS
Fibroids
Painful Intercourse
Low Libido
Endometriosis
Recurrent Bladder or Yeast Infections
Cramps
Heavy Periods
Menopause/Hot Flashes/Night sweats
Peri-menopause
Infertility
Amenorrhea
Psychological Disorders
Anxiety
Depression
Insomnia