



We are pleased to announce that our 1st weight loss seminar will be held here at i spa Health Studio! You will have an opportunity to hear and learn more about the Ideal Protein Weight Loss Program and sample some of the delicious products available through this protocol. This will be an opportunity to learn more about how to fuel your body properly and how to eliminate some of the hidden sugars in your daily meals. You will meet dieters that have been successful and kept the weight off and are currently living a healthy lifestyle.

We are dedicated to your success with the Ideal Protein Program and look forward to seeing you on **Tuesday, May 22, 2012 at 6:00 P.M.** Seating is limited so call the offices at 727.386.4004 and reserve your seat today!